

## TIME Table for Elementary Track & Field

	Boys					Girls				
	8	9	10	11	12+	8	9	10	11	12+
9:20 - 9:40	Dash					Dash				
9:40 - 10:00	HJ-1	HJ-3	TJ-1			HJ-2	HJ-4	TJ-2		
10:00- 10:20	HJ-1	HJ-3		SP-1	LJ-1	HJ-2	HJ-4		SP-2	LJ-2
10:20- 10:40	SP-1	LJ-1	HJ-1	HJ-3	TJ-1	SP-2	LJ-2	HJ-2	HJ-4	TJ-2
10:40- 11:00	LJ-1	TJ-1	HJ-1	HJ-3	SP-1	LJ-2	TJ-2	HJ-2	HJ-4	SP-2
11:00- 11:20	TJ-1		SP-1	LJ-1	HJ-3	TJ-2		SP-2	LJ-2	HJ-4
11:20- 11:40		SP-1	LJ-1	TJ-1	HJ-3		SP-2	LJ2	TJ-2	HJ-4
11:40-12:10	L	U	N	C	H	B	R	E	A	K
12:10- 12:30	R E L					A Y S				
12:30- 1:00	400 Metre					400 Metre				
1 :00- 1:30	800 Metre					800 Metre				
1:30- 1:50	A W A R D S					A W A R D S				

\*NUMBERS REFER TO THE LOCATION OF THE EVENT - SEE TRACK PLAN